

THE  
LISTENING PROGRAM®

LISTENING JOURNAL

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Name: \_\_\_\_\_ Person Recording: \_\_\_\_\_  
Listening Schedule: \_\_\_\_\_ Cycle #: \_\_\_\_\_  
Entry Date: \_\_\_\_\_ CD #: \_\_\_\_\_ Tracks: \_\_\_\_\_  
Activities During Listening : \_\_\_\_\_  
Entry: \_\_\_\_\_  
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